

Cycle Phnom Penh & Angkor - 09 Days

Overview

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Summary:

There is approx.240km of cycling in this tour, with about 70% of it being on paved roads and the rest on dirt roads. During this ride you will see the real Cambodia and interact with the people in a way that the casual tourist does not. The home-stay experience will give you an insight into the simple way of life of average Cambodians. We take a cycling tour of Phnom Penh, and in Siem Reap we cycle to see the incredible temples of Angkor, and cycle to the floating village, and camp out at a village.

This cycling itinerary is presented to give an idea as to what kinds of tours are possible. We can design custom tours from luxury, first-class tours to low-cost budget tours. Just let us know what kind of tour we can design for you!

Itinerary Brief: Day 01: Phnom Penh Arrival Day 02: Phnom Penh City Cycling Tour Day 03: Phnom Penh -Siem Reap (cycling in Siem Reap)

Day 04: Siem Reap -Angkor Temples (cycling) Day 05: Siem Reap - Kbal Spean (cycling) Day 06: Kbal Spean - Beng Mealea (cycling) Day 07: Beng Mealea - Kompong Phluk (cycling) Day 08: Kompong Phluk - Siem Reap (cycling segment 15km) Day 09: Siem Reap Departure

Trip Grade:

Most of the cycling on this tour is on flat terrain. However, due to the amount of cycling, and because some of the cycling is off-road, it is recommended only for physically fit and trained cyclists.

Trip Tips:

The winter months in Cambodia are the dry season, and it is usually from about mid October to around the end of February. However, when cycling any time of the year in Cambodia, you will need to bring sun screen, insect repellent, sunglasses, and of course drink lots of water to stay hydrated. Bottled water is provided on all our cycling tours.

Itinerary

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Day 01: Phnom Penh Arrival Our staff will meet you on your arrival in Phnom Penh, and you will then transfer to your hotel for check-in. After getting settled in to the hotel, you will have a meeting with your guide who will brief you on your upcoming tour. There will also be free time for you to relax.

Overnight in Phnom Penh hotel.

Day 02: Phnom Penh City Cycling Tour (cycle 35km)

We have breakfast in the hotel, then we get ready to explore this bustling capital city by bike. The major points of interest visited include the National Museum of Khmer Arts, the Royal Palace with the Silver Pagoda, the infamous Toul Sleng Genocide Museum, and the Killing Fields.

Overnight in Phnom Penh hotel. Breakfast included.

Day 03: Phnom Penh - Siem Reap (cycling 22km)

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In the morning after breakfast we transfer to Siem Reap. Depending on the class of your tour, you will transfer by public bus, private van, or by domestic air flight. When you arrive in Siem Reap, you will check in to your hotel, and in the afternoon we will explore the countryside near Siem Reap on a cycling tour.

Overnight in Siem Reap hotel. Breakfast included.

Day 04: Siem Reap- Angkor Temples (cycling 25km RT)

After breakfast, we depart from the hotel and cycle on the main road through the Angkor check point, and on to see the Kravan Temple, Banteay Kdei, and then stop at the famous Ta Phrom Temple, embraced by the roots of enormous trees and vines. Ta Phrom was built in the 12th century by King Jayavarvan VII, and dedicated to his mother. The trees have grown around and through the remains, and tower above the temple remains. Archaeologists have left the vegetation as is so you can see how it looked when it was rediscovered, and how other Angkor temples looked before restoration. Then we continue cycling past the Ta Keo Temple, Chao Say Tevoda, and Tommanon before entering the Victory Gate of Angkor Thom which was also built by King Jayavarman VII.. There you will explore the Terrace of the Leper King, the Terrace of the Elephants, Baphoun, and Phimean Akas and the Bayon Temple.

Overnight in Siem Reap hotel. Breakfast included.

Day 05: Siem Reap - Banteay Srei - Kbal Spean (cycling 49km)

Breakfast in the hotel, and then we cycle north of Angkor through the countryside of green rice paddies to reach Pre Rup, the East Mebon and the Akira Land Mine Museum. Mr. Akira cleared land mines laid during years of conflict in Cambodia, and the museum relies on visitor donations to fund this work. Banteay Srei Temple is famous for its pink sandstone and intricate carvings. The last leg of our cycling trip takes us to Kbal Spean where we camp in tents overnight at the village.

Overnight camping. Breakfast, Lunch and Dinner included.

Day 06: Kbal Spean - Beng Mealea (cycling 60km) After breakfast we take about a 30 min. walk up the hill see the river of a thousand lingas. These carvings in the riverbed were made by King Jayavaraman II in 802AD, and were created to make the river sacred and to purify and "fertilize" the water flowing to the fields below. We then cycle to Beng Mealea, passing Chao Srei Vibol and Banteay Oumpel on the way. Overnight in village camping in tents. Breakfast, Lunch, and Dinner included.

Day 07: Beng Mealea - Kompong Phluk (cycling 65km) After breakfast, we start to peddle to the floating village of Kompong Phluk as we cycle through the countryside scenery and pass a local market, and a bamboo sticky rice store. We will have a unique home-stay experience in this floating village. Overnight at Kompong Phluk home-stay. Breakfast, Lunch, and Dinner included.

Day 08: Kompong Phluk - Siem Reap (cycling 15km) After a good, local breakfast, we return to Siem Reap. We take a relaxing boat ride to the dock at Chong Khneas, and from there we cycle back to town. Overnight in Siem Reap hotel. Breakfast and Lunch included.

Day 09: Siem Reap Departure Breakfast in the hotel, and then you will have time to get ready for your departure transfer.

Breakfast included.

Please note that check-out time is 12:00 noon.

End of Trip. We at Travel Loops specialize in customized cycling tours designed to fit your needs and requirements. Let us know how we can design an individual Indochina tour for you.

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What's Included

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Trip Price Includes:

- English speaking guide (Other languages available on request)
- Experienced cycling guide and mechanic
- Private transfer and transport in safe, clean, well maintained vehicles
- Type of transport according to the trip class
- Breakfast in hotel, and other meals in restaurant as noted in the itinerary
- All entrance fees & permits during guided tours
- Hotel accommodation according to the trip class - w/ 2 person room share. Tax included
- Support vehicle, cool tissue
- Boat trip from Floating Village to Siem Reap dock
- Quality Mountain bike

Not Included in Trip Price:

- Airfare and taxes not included in tour
- Food and drink not noted in the itinerary
- Visa fees
- Entrance fees and permits not part of itinerary
- Optional tours during free time
- Personal travel insurance (Compulsory for all travelers)
- Personal expenses (ex. telephone, laundry charges, souvenirs, etc.)
- Tips and gratuities